

Surviving the Tough Times

Have you, your spouse, friend or family member recently lost a job? Have your work hours been cut? Situations like this can be difficult and stressful for an individual or family. Many people are not sure where to turn or where to go for help. Listed are resources compiled by United Way 2-1-1 to help residents of Benton, Sherburne, Stearns and Wright counties to help during these tough economic times.

Financial Tips:

- If you are facing foreclosure, beware of companies offering help that charge fees for their services and make sure they are registered with the Minnesota Department of Commerce as an approved loan modification organization
- Utilize your local food shelf
- If facing a potential lay-off, ask employer about Cobra benefits
- Examine your spending and look for ways to cut back
- Prepare a complete household budget
- Stop using credit cards, instead pay with cash
- Ask for free or reduced lunches at child's school
- Ask credit card companies to reduce interest rates or to have bills reduced
- Get help from a non-profit credit counselor
- Downgrade cell phone plan or switch to prepaid phone
- DO NOT ignore your lenders or creditors, communicate with them
- Meet with a financial counselor to help mitigate home loans or work with your creditors
- Contact your utility company about hardship payments, visit www.staywarm.mn.gov
- Apply for Minnesota Health Care Program, visit www.dhs.state.mn.us or call 1-800-657-3672
- Volunteer to gain new skills and to connect with community resources
- Switch to basic cable or switch to a digital converter box
- Utilize the free tax preparation available in most counties



Central Minnesota Community Resource Listing Services Addressing Basic Needs for: Benton, Sherburne, Stearns, and Wright Counties.

UNITED WAY 2-1-1

*A free and confidential community helpline available 24 hours/7 days a week.
2-1-1 helps access information to navigate and connect with resources and human services.*

Dial 2-1-1 from a land-line phone or 1-800-543-7709 from a cell phone.

*Basic needs include food, housing, material goods, transportation, temporary financial assistance,
and more. Services may be based on income or sliding fee scale.*

Dental Care

Ronald McDonald Care Mobile

The Ronald McDonald Care Mobile provides cost-effective, high-quality dental care to underserved children in Minnesota. This includes individuals up to age 21, pregnant women who lack dental insurance or who are enrolled in any of the state's public assistance programs.

- On site at **Sherburne County Government Center** generally every other month on Tuesdays. Call **763-765-4000** or **1-800-433-5237** to schedule an appointment.
- On site at **Wright county Government Center** every other month on Mondays. Call **763-682-7400** to schedule an appointment.

WeCare Dental, Highway 10, 195 Jefferson Blvd, Big Lake
763-263-2222 or **1-866-748-6684** – *accepts Medical Assistance and most dental insurances.*

St. Cloud Technical College Dental Clinic, 1540 Northway Drive, St. Cloud
320-308-5919 - **CLOSED IN SUMMER** - *Anyone can make an appointment for a dental exam, cleaning, radiographs, fluoride treatment and many other preventive services. Hours vary each semester and all services are provided by students under the direct supervision of licensed dental hygienists and licensed dentists.*

Disabilities Information & Referral

Disability Linkage Line

1-866-333-2466 - *A free, statewide information and referral resource that provides Minnesotans with disabilities and chronic illnesses a single access point for all disability related questions.*

Disabilities Information & Referral Continued

Independent Lifestyles, 215 North Benton Drive, Sauk Rapids
320-529-9000 or 1-888-529-0743 - *Services include: an independent living center, non-residential independent living skills training, benefits management, representative payee service, advocacy, peer mentors, information and referral, transition skills, accessibility, socialization and support group, community education, and ADA surveys and assessments*

Functional Industries, Inc., 1801 Highway 21 North. Buffalo
763-682-4336 – *Services include: Brilliant Futures School-to-Work Transition Program, Community Employment Services, Day Training and Habilitation Program, Mental Health Services, Organizational Employment Services, Supported Employment. Branches located in Buffalo, Cokato and Monticello.*

Options Inc – Big Lake, 16820 197th Avenue NW, Big Lake
763-263-3684 - *Services include: employment agency, rehabilitation, and training service for adults with developmental disabilities. Options, Inc. is also licensed as an Adult Day Service.*

Emergency Shelter

Anna Marie's Alliance Battered Women's Shelter
320-253-6900 or 1-800-950-2203 – *Provides safe shelter, support, and referral services for battered women and their children. The Alliance also works with the community on systems change and violence prevention.*

Church of the Week/Place of Hope Ministries, 511 North Ninth Avenue, St. Cloud
320-203-7881 - *The Church of the Week sheltering program, which runs from October through May each year as needed. They provide shelter for those in need if the local shelters are full or families and individuals are unable to get into the shelters. Check-in is from 5 to 6 pm. Program does not run in the summer months.*

Salvation Army Emergency Shelter, 400 Highway 10 South, St. Cloud
320-252-2229 or 320-252-4552 - *Provides relief for homeless such as counseling, emergency food, shelter and clothing.*

Employment Agencies

Action Plus Temporary Services, 141 East Broadway Street, #3, Monticello
763- 295-4005 – *Temporary employment agency in the following areas: light industrial, manufacturing, warehousing etc.*

Employment Agencies Continued

Labor Ready, 1708 West St. Germain Street, St. Cloud
320-255-9900 or 1-800-245-2267 – *Temporary employment in the following areas: construction, manufacturing, logistics/warehousing, retail support, auto services, waste and recycling, hospitality, events, and restoration.*

Manpower, 425 East St. Germain Street, Suite 103, St. Cloud
320-251-1924 – *Temporary employment in the following areas: administrative/office, contact center/call center, hospitality, industrial, and skilled trades.*

Minnesota Workforce Center – St. Cloud, 1542 Northway Drive Door 2, St. Cloud
320-308-5320 – *Provides help for jobseekers by providing staff assistance, computer and internet access, access to office equipment to aid in the job search, reference library, assistive technology, workshops and training, networking and job clubs, and job/career fairs.*

Minnesota Workforce Center – Monticello, 406 East 7th Street, Monticello
763-271-3700 - *Provides help for jobseekers by providing staff assistance, computer and internet access, access to office equipment to aid in the job search, reference library, assistive technology, workshops and training, networking and job clubs, and job/career fairs.*

Benton County Human Services, 531 Dewey Street, Foley
320-968-5087 or 1-800-530-6254

Bridge to Benefits

www.bridgetobenefits.org - *Offers an eligibility screening tool that allows you to enter an income, household size, etc. to generally determine if you are eligible for various programs (food support, medical assistance, child care assistance, etc.). Also provides contact information for county agencies and links users to the forms needed to apply for the programs.*

Catholic Charities Emergency Services, 157 Roosevelt Road Suite 100, St. Cloud
320-229-4560 or 1-800-830-8254 – *Services include: food, clothing and some financial assistance to help with gas cards, bus card, prescription/medical co-pays, birth certificates/state identification and apartment application fees.*

Salvation Army, 400 Hwy 10 S, St. Cloud
320-252-4552 – *Offers HeatShare and some financial assistance when available (limited, small amounts).*

Sherburne County Health and Human Services, 13880 Highway 10, Elk River
763-765-4000 or 1-800-433-5239

Stearns County Human Services, 705 Courthouse Square, St. Cloud
320-656-6000

Financial Assistance Continued

Tri-CAP, 2110 23rd Avenue S, Waite Park
320-251-1612 or 1-888-765-5597 – Offers budget counseling, some assistance with damage deposit/first month's rent, and energy assistance (dependent upon eligibility requirements and availability of funds.)

Wright County Human Services Agency – Financial Unit – Govt. Ctr., 10 2nd Street NW, Buffalo
763-682-7414 or 1-800-362-3667 Ext. 7414

Financial Counseling

Catholic Charities Financial & Housing Counseling, 157 Roosevelt Road, Suite 200, St. Cloud
320-650-1660 or 1-800-830-8254 ext. 1660 - Assists individuals and families to help take control of their finances and plan for a secure financial future. A qualified Financial Counselor works with each client to develop an individualized plan to reach his or her goals.

The Village Family Service Center, 4140 Thielman Lane, Suite 303, St. Cloud
320-258-4633 – Services include: establishing a plan to pay off debt, help educate about positive financial decisions, provide in-depth financial analysis, and assist in developing a financial action plan.

Tri-CAP, 1210 23rd Avenue S, Waite Park
320-251-1612 or 1-888-765-5597 - Offers a wide array of services that assist individuals and families to achieve and maintain economic self-sufficiency such as, a four hour financial fitness course, Family Assets for Independence in Minnesota program assisting low-income working adults to save money for higher education, home purchase, or to start a small business, and The Family Self Sufficiency program which provides a financial incentive for families to become self-sufficient.

Food

Albany Food Shelf, 741 Lake Avenue, Albany
320-845-2343, 9 am - 10 am on the 1st Thursday of each month, 5:30 pm - 6:30 pm on the 3rd Thursday of each month

Annandale Food Shelf, 99 Cherry Avenue NW, Annandale
320-374-3663, 4 pm - 6 pm Monday; 5 pm - 7 pm Wednesday; 8:30 am - 11 am Friday

Avon Food Shelf, Religious Education Center, Avon
320-356-7210, 10 am - 11 am Wednesday, 6 pm - 7 pm Thursday - Emergency by appointment

Becker Food Shelf, City Hall, 12060 Sherburne Avenue, Becker
763-261-4612, 9 am - 11 am Tuesday; 4 pm - 5:30 pm Thursday

Food Continued

Brooten Belgrade Elrosa Food Shelf, 412 Eastern Avenue, Brooten
320-346-2804, 1 pm - 5 pm Wednesday

Buffalo Food Shelf, 301 12th Avenue South, Buffalo
763-684-1699, 5:30 pm - 8 pm Tuesday; 6:30 pm - 8:30 pm Thursday; 10:30 am - 12:30 pm Friday;
10:30 am - 12:30 pm - 1st Monday of the month is Senior Day

CAER – Community Aid Elk River – Food Shelf, 19279 Watson Street NW, Elk River
763-441-1020 10 am - 3 pm Monday, Wednesday and Friday; 6 pm - 7 pm Monday;
6 pm - 8 pm Thursday

Catholic Charities Emergency Services, 157 Roosevelt Road, St. Cloud
320-229-4560, 9 am - 6 pm Monday; 9 am – 8 pm Wednesday; 9 am – 12 noon Friday; 1 pm - 3 pm
on the 2nd and 4th Tuesday of each month for seniors ONLY (over 60).

Cold Spring Area Food Shelf, 401 Main Street, Cold Spring
320-685-8785, 10 am - 2:30 pm Monday, 6 pm - 8 pm first and third Monday of the month

Clearwater – Clear Lake Food Shelf, 1100 County Road 75, Clearwater
320-558-2954, 5:30 pm - 7 pm Monday, 9 am - 11 am and 6 pm - 8 pm on Tuesday,
3 pm - 5 pm Wednesday

CROSS Center Food Shelf, 150 4th Avenue, Foley
320-968-7012, 1 pm - 4 pm and 6 pm - 8 pm Monday, 10 am - 3 pm Thursday

Holdingsford Area Food Shelf, City Center, Holdingsford
320-746-2637, 8 am - 9:30 am on the 2nd and 4th Saturday of the month

Kimball Food Shelf (St. Ann's Church), 441 Hazel Avenue East, Kimball
320-398-2211, 10 am - 10:45 am Tuesday and Thursday, 5:30 pm to 6:30 pm every 2nd Monday of
the month

Melrose Area Food Shelf, 211 South 5th Avenue East, Melrose
320-256-2555, 1 pm - 5 pm Wednesday

Monticello Food Shelf, 215 Cedar Street, Monticello
763-295-4031, 9:30 am - 11:30 am Monday, Wednesday and Friday; 6:30 pm - 7:30 pm Wednesday
evening

Paynesville Community Service Center, 1105 W Main Street, Paynesville
320-243-4575, Food shelf is open 10 am – 2 pm Wednesday and Thursday

Food Continued

Rice Area Food Shelf, Old Village Hall, Main Street, Rice
320-393-2915, 3 pm - 5:30 pm on Thursday of the first full week of the month

Salvation Army, 400 Hwy 10 S, St. Cloud
320-252-4552, 9 am - 10:45 am and 1 pm - 3:45 pm Monday – Thursday,
9 am - 10:45 am Friday

Sauk Centre Food Shelf, 523 Sinclair Lewis Avenue, Sauk Centre
320-351-2287, 2 pm - 4 pm Wednesday; 6 pm - 8 pm Thursday

St. Joseph Community Food Shelf, 12 West Minnesota Street, St. Joseph
320-363-7505, 1 pm - 3 pm Monday and Thursday

Wright County Community Action (WCCA), 130 West Division Street
320-963-6500, 8 am – 12 pm Monday, Wednesday, Friday

Discounted and Specialty Meals

Fare for All

Food packages contain a variety of healthy, fresh, quality food items, including fruit, vegetables, frozen meats and staple items at below-retail prices. Fare For All is open to everyone. There are no income-based requirements for participation. Call **1-800-582-4291** or visit their website www.emergencyfoodshelf.org for ordering information and distribution locations.

Free Community Meals

Place of Hope, 511 9th Ave, St. Cloud
320-203-7881 - Provides an evening meal daily at 5 pm from Oct-May free of charge to anyone in need (call for summer hours).

Salvation Army, 400 Hwy 10 S, St. Cloud
320-252-2229 - Free nutritious meal served Monday-Friday 11:30am-12:45pm.

Health Services

Benton County Public Health, 531 Dewey Street, Foley
320-968-5160

Health Services Continued

Health Partners Health Stations,
Coborn's, 1725 Pine Cone Road, Sartell
Coborn's, 110 First Street South, Sauk Rapids

Mid Minnesota Family Medicine Center, 1520 Whitney Court Suite 200, St. Cloud
320-240-3157

Pregnancy Resource Center, 3400 1st Street N, Suite 302, St. Cloud
320-253-1962 – *Services include free pregnancy tests, STD/STI screening, HIV screening, pap tests, pelvic exams, education and counseling.*

Project HEAL – Catholic Charities – 157 Roosevelt Road, St. Cloud *Medical screenings in conjunction with CentraCare's Mid Minnesota Family Medicine Center/St. Cloud Hospital. 9 am – 10 am, 1st Wednesday of the month.*
320-229-4560

Sherburne County Public Health, 13880 Highway 10, Elk River
763-241-2750 or 1-800-433-5237

Stearns County Public Health, 705 Courthouse Square, St. Cloud
320-656-6155

Wright County Human Services Agency – Public Health Unit, 1004 Commercial Drive, Buffalo
763-682-7456 or 1-800-362-3667

Housing

Catholic Charities, 157 Roosevelt Road, St. Cloud
320-229-4576 or 1-800-830-8254 - *Provides affordable housing at 15 locations in 12 communities as well as transitional housing services in St. Cloud to referring social service agencies.*

Central Minnesota Housing Partnership, 37 28th Avenue North, Suite 102, St. Cloud
320-259-0393 - *Assists underserved communities to preserve, improve and increase affordable housing for low and moderate income families and individuals.*

Domus Transitional Housing, 157 Roosevelt Rd Ste 200, St. Cloud
320-259-9270 - *Provides a temporary home plus support services to women in transition.*

Housing and Redevelopment Authority (HRA), 1225 West St. Germain Street, St. Cloud
320-252-0880 – *Offers public and subsidized housing, housing choice voucher/section 8, affordable rentals, and home repair and improvement loans to those who qualify (there are waiting lists.)*

Housing Continued

HRA – Stearns County, 401 Westwind Court, Cold Spring
320-685-7771 - Offers public and subsidized housing, housing choice voucher/section 8, affordable rentals, and home repair and improvement loans to those who qualify (there are waiting lists.)

Supported Housing for Youth (S.H.Y.), 374 4th Ave S, St. Cloud
320-240-8204 - Offers housing counseling and financial assistance for young people, ages 16 to 24, experiencing homelessness, near-homelessness, or aging-out of foster care. This specialized program, offered at no cost to youth, helps youth build stability in their lives and maintain affordable housing

Legal Services

Central Minnesota Legal Services, 830 West St Germain Suite 309, St. Cloud
320-253-0138 or 1-800-622-7773 - Assistance is provided in areas of family law, housing, government benefits, and consumer law and employment law.

St. Cloud Area Legal Services, 830 West St. Germain, Suite 300, St. Cloud
320-253-0121 or 1-888-360-2889 - Provides legal advice or representation to low-income persons in its service area for: citizenship/immigration, education law, family law, housing law, Minnesota health care, public benefits law, Senior Law Project and Family Farm Law Project.

Mental Health

Caritas Mental Health Clinic, 911 18th Street North, St. Cloud
320-650-1660 or 1-800-830-8254 ext. 1660
Catholic Charities Caritas Mental Health Clinic is an outpatient counseling and behavioral health facility in St. Cloud (17 satellite locations) offering: individual, couple, and family counseling services, group therapy and education, diagnostic assessments, and psychiatric services.

Catholic Charities Life Transitions (Grief and Loss), 312 2nd Avenue North, Sauk Rapids
320-529-0427 or 1-800-830-8254 ext. 0427 - Offers help for adults, children, and families who are experiencing grief and loss. Through individual support, group experiences, talks and presentations, information, and referrals, participants are assisted through the process of coping with loss experiences that may have an impact on the individual and/or family functioning.

Central Minnesota Mental Health Center, 1321 13th Street North, St. Cloud
320-252-5010 - Offers a full range of mental health and chemical abuse services for adults, adolescents and children.

Mental Health Continued

Four County Crisis Response Team

320-253-5555 or 1-800-635-8008 – *Crisis line provides callers with needs assessments and referrals to appropriate resources. If medically necessary, the Crisis Response Team assists individuals by traveling to their location to provide face-to-face intervention and assessment.*

Hope Community Support Program & Drop-in Center, 157 Roosevelt Road #300, St. Cloud
320-240-3324 – *Provides support for adults living with mental illness as they cope with the challenges of daily living, assisting each person with achieving and maintaining his or her highest level of self sufficiency.*

Health Partners (Behavioral Health Clinic), 2251 Connecticut Avenue South, Sartell
320-253-6952 or 1-800-370-0570 – *Provides mental health services for family crisis, stress at work, childhood behavioral problems, depression, anxiety, or more serious and persistent disorders.*

Lutheran Social Service Children & Family Services, 22 Wilson Avenue NE, St. Cloud
320-251-7700 - *In-office and community based mental health counseling for individuals, couples, and families to help them develop stability and wellness.*

Mental Health Consumer/Survivor Network of Minnesota, 3400 1st Street North #201, St. Cloud
320-654-9641 or 1-877-210-2932 - *Provides support, education and advocacy to clients, family members, mental health providers, policy makers and the general public.*

St. Cloud Hospital & CentraCare Health System, 1900 CentraCare Circle, Suite 2475
320-229-4977 or 1-800-835-6652 - *Offers a full range of mental health and chemical abuse services for adults, adolescents and children.*

STARS for Children's Mental Health, 407 Washington Street, Monticello
763-271-5322 or 1-877-333-0083 – *Offers support for families with children that are experiencing social, emotional, and behavioral concerns.*

Mortgage and Foreclosure Information

Catholic Charities Financial and Housing Counseling –, 157 Roosevelt Road, Suite 200, St. Cloud
320-650-1660 - *A variety of services to prevent mortgage foreclosure from occurring. Services are offered on a sliding-fee schedule based on ability to pay.*

Homeownership Preservation Foundation

1-888-995-4673 – *Foreclosure Hotline providing comprehensive telephone counseling to help avoid foreclosure.*

Mortgage and Foreclosure Information Continued

LookBeforeYouLeap.org

Stopping foreclosure prevention scams in Minnesota. If you see a potential scammer, call the Minnesota Attorney General's Office at 1-800-657-3787 to report their questionable work.

Be wary of companies offering help that:

- Charge fees for their services.
- Ask you to sign over title to your home or even power of attorney.
- Claim you should stop paying your mortgage during the loan modification process.
- Claim you should pay them, rather than your bank, during the modification process.
- Promise a guaranteed outcome or claim they can help people in any situation.

Minnesota Home Ownership Center, 1000 Payne Avenue, Suite 200, St. Paul
651-659-9336 or 866-462-6466 – Provides education and counseling services to potential home buyer and home owners working to sustain their mortgage.

Village Financial Resource Center, 3950 3rd Street North, St. Cloud
1-800-450-4019 or visit their website: www.HelpWithMoney.org – Offers FREE foreclosure prevention counseling that is available in person or by phone.

Parenting

Birthline, 1411 W St. Germain Suite 5, St. Cloud
320-252-4150 - Offers free pregnancy tests, education about options, 24-hour helpline, physician referrals and more.

Child Care Choices, 2901 Clearwater Road, St. Cloud
320-251-5081 - Provides information and referrals for child care.

New Beginnings, 40 N 25th Avenue, St. Cloud
320-255-1252 - A 24-hour intensive residential program for pregnant women, new mothers and their babies.

Resource Training and Solutions, 4150 2nd Street South Suite 550, St. Cloud
320-255-3236 - Parenting workshops, resources and support groups.

St. Cloud Area Crisis Nursery, 1205 6th Avenue S, St. Cloud
320-654-1090 - Offers free, temporary, safe haven where parents experiencing a family or personal crisis can receive assistance.

Prescription Assistance

FamilyWize Prescription Discount Card

www.familywize.com – Visit website for more information about FamilyWize (see prescription card on following page).

Naco Prescription Discount Card through Stearns County

1-877-321-2652 - Call to find a participating pharmacy in your area (see prescription card on following page).

Partnership for Prescription Assistance

1-888-477-2669 - Helps qualifying patients without prescription drug coverage get the medicines they need through the program that is right for them. Many will get their medications free or nearly free.

Prescription Drug Advocates

1-800-801-2156 – Helps people in need enroll in Patient Assistance Programs to help reduce the cost of prescription medications.

Rx Connect

1-800-333-2433 - Provides assistance to people of any age in locating information on and completing applications on prescription drug coverage options/prescription discount programs and pharmaceutical companies' free drug programs.

Prescription Drug Discount Cards

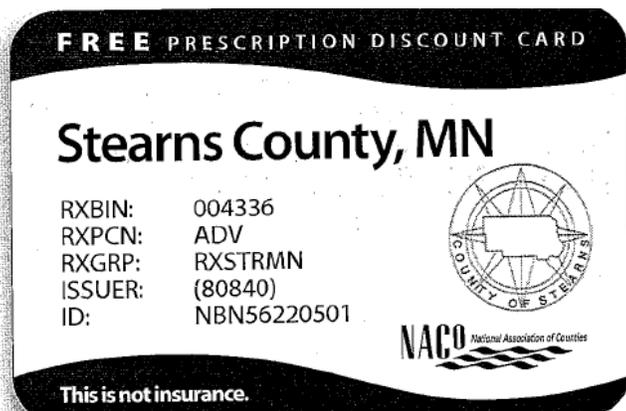
NACO CARD (Stearns County)

- Free discount card
- Average savings of 22% on commonly used medicines
- No membership fees
- No enrollment forms
- No restrictions or limits on frequency of use
- Any Stearns County resident is eligible to use the card
- Available at most human service agencies

Call 1-877-321-2652 to find a participating pharmacy in your area

Questions?

Call Stearns County Health at 320-656-6155 or visit NACO's website at www.naco.org



FAMILYWIZE

- Free discount card
- No enrollment required
- No activation fees
- Use as often as needed
- Copies permitted

For more information about FamilyWize visit www.familywize.com

Print, cut out and bring the card to your pharmacy to start saving on your prescription drug costs.

familywize[®] PRESCRIPTION DRUG DISCOUNT CARD
 WWW.FAMILYWIZE.ORG

These cards are being distributed nationwide, free of charge, by the FamilyWize Partnership and participating United Way agencies, county agencies, community and faith-based organizations, some pharmacies, and schools. Discounts are provided by and available only at participating pharmacies.	Member ID: 010108 Group ID: 39401 Bin: 610194 PCN: FW Pharmacies: 877-HELP-977 Members: 866-810-3784 Expires: 12/31/2012 Copies Permitted
--	--

THIS IS NOT INSURANCE - DISCOUNTS ONLY

OTHER IMPORTANT INFORMATION

- Covers all prescription drugs. Accepted at most pharmacies nationwide. Pricing is the lesser of the discounted price or pharmacy's retail price.
- Go to WWW.FAMILYWIZE.ORG for a list of participating organizations and pharmacies, additional cards, drug prices, and other program information.
- Cannot be used with other prescription cards. Some restrictions apply. Benefits subject to change without notice. Provided by Agelity, Inc.

OTRA INFORMACIÓN IMPORTANTE

- Cubre todos los medicamentos de venta con receta. Se acepta en casi todas las farmacias por toda la nación. Pague el precio más bajo, ya sea el descuento del plan, o el precio usual de la farmacia. No puede usarse con otras tarjetas para medicamentos.
- Visite WWW.FAMILYWIZE.ORG y obtenga la lista de organizaciones y farmacias participantes, más tarjetas, precios de medicamentos e información del programa.
- Descuentos provistos por y válidos sólo en farmacias participantes. Existen ciertas restricciones. Beneficios sujetos a cambio sin aviso previo.

Senior Information & Referral

Central MN Council on Aging, 1301 W St Germain St. Suite 101, St. Cloud
320-253-9349 - a telephone information and assistance service, which helps connect adults and their families to find community services.

Senior Linkage Line
Statewide information and assistance program for seniors.
1-800-333-2433

Whitney Senior Center, 1527 Northway Drive St. Cloud
Provides a variety of social and educational opportunities for senior citizens, predominantly age 55 and older.
320-255-7245

Transportation

Great River Faith in Action, 13074 Edgewood St., Becker
763-263-4277 – Provides transportation to medical appointments or shopping.

Rural Stearns Faith in Action, 715 1st Street North, Cold Spring
320-685-3693 – Provides transportation to medical appointments or shopping.

Tri-CAP Transit Resource Center, 1200 23rd Avenue S, Waite Park
320-257-4456 - Will utilize area transport resources to match the passenger with the most suitable and cost effective transportation.

Metro Bus/Dial-a-Ride, 665 Franklin Avenue NE, St. Cloud
320-252-1010 – Metro Bus provides public transportation to residents within the city limits of St. Cloud, Waite Park, Sauk Rapids and Sartell. Dial-a-Ride is available seven days a week for those who are unable to ride the regular fixed route bus system. Dial-a-Ride offers two types of services: driver-assisted Specialized Service and General Public.

Foley Area CARE, 251 4th Ave. N, Foley
320-968-7848 – Serves people ages 60 and over that reside in Benton County within a 10 mile radius of the city of Foley providing transportation to and from medical appointments or shopping.

Unemployment Help

File for Unemployment: Apply online at www.uimn.org or call **1-877-898-9090**.

Unemployment Help Continued

Minnesota WorkForce Center – St. Cloud, 1542 Northway Drive, Door 2, St. Cloud
320-308-5320 - Provides free tools, resources and services needed for job search, career planning, and training needs. Hours are 8 am – 4 pm, Monday through Friday.

Minnesota Workforce Center – Monticello, 406 East 7th Street, Monticello
763-271-3700 - Provides help for jobseekers by providing staff assistance, computer and internet access, access to office equipment to aid in the job search, reference library, assistive technology, workshops and training, networking and job clubs, and job/career fairs.

Used Clothing

Catholic Charities Emergency Services, 157 Roosevelt Road, St. Cloud
320-229-4560

CROSS Center, 150 4th Avenue, Foley
320-968-7012

Expressions of Hope Thrift and Specialty Shop, 511 N 9th Ave., St. Cloud
320-203-7881

Goodwill, 50 South 2nd Avenue, Waite Park
320-654-9012

Treasure Chest, 113 28th Avenue, Waite Park
320-230-8823

Wise Penny Thrift Shoppe, 310 Brighton Avenue S., Buffalo
763-682-4178

Used Furniture

Barker's More 4 less, 3356 West Division Street, St. Cloud
320-257-4766 - They sell used clothing, some furniture and accessories.

Good Will, 50 S 2nd Avenue, Waite Park
320-654-9527 - They sell used clothing, furniture and accessories.

The Used Furniture Store, 1646 Highway 23 E, St. Cloud
320-230-8823 - They buy and sell used furniture, appliances and accessories