

BENTON COUNTY HUMAN SERVICES BOARD
REGULAR MEETING MINUTES
January 19, 2016

The Benton County Human Services Board met in regular session on January 19, 2016 in the Benton County Board Room in Foley, MN with Board members Ed Popp, Jim McMahon, Spencer Buerkle and Warren Peschl present and Jake Bauerly absent (excused). Call to order by Chair Peschl was at 9:24 AM

Popp/Buerkle unanimous to approve the agenda as written.

Buerkle/McMahon unanimous to approve the Consent Agenda: 1) approve the Regular Meeting Minutes of January 5, 2016 as written; 2) approve the 2016 contract renewal with *Community and Family Based Services, LLC* for Family Based Counseling Services, and authorize the Chair to sign; 3) approve the 2016 renewal of Purchase of Service Agreement and Lead County Contract with *Families in Transition Services, Inc.* for supervised visitation services, and authorize the Chair to sign; and 4) approve the 2016 *CMHS (Computer Management for Human Services) Services Agreement*, and authorize the Chair to sign.

Jenny Brenny, Public Health Educator, provided a review of the 2016 Employee Health and Wellness Program, noting that the Benton County Health and Wellness Committee have implemented significant changes for 2016. Brenny stated that, with the support of the Statewide Health Improvement Program and data gathered from employee interest surveys, management surveys and employee health risk assessments, a program has been created that will give employees opportunities to be healthy while at work. Goals of the 2016 program: 1) implement a comprehensive tobacco-free grounds policy while providing cessation support and promotion of insurance-covered cessation products and QUITPLAN; 2) create healthy snack stations to provide healthy options to employees at low costs; 3) adjust vending to meet healthy vending guidelines to create more healthy options; 4) create a system change to include stand-up desks as a workspace option; and 5) work toward earning MDH's Breastfeeding Friendly Worksite Recognition. Brenny noted that the 2016 program will focus on measurable outcomes and changing the culture of the work environment rather than providing and tracking of activities.

Chair Peschl adjourned the meeting at 9:41 AM.

Warren Peschl, Chair
Benton County Human Services Board

ATTEST:

Montgomery Headley
Benton County Administrator