

SUBSTITUTES AND HELPERS IN DAY CARE  
Requirements to be done **before** providing any care

**LESS THAN 30 HOURS PER YEAR:**

- \*Background study
- \*SIDS and SBS classroom training
- \*Sign and be trained on the chemical use policy
- \*Annual viewing of SBS video

**MORE THAN 30 HOURS PER YEAR:**

- \*Background study
- \*SIDS and SBS classroom training
- \*CPR
- \*1st Aid
- \*Annual viewing of SBS video
- \*Sign and be trained on the chemical use policy

**2<sup>ND</sup> CAREGIVER FOR C3 OR PARTNER WORKING ON REGULAR BASIS (30 days or more per year):**

- \*Background study
- \*Physician's report
- \*SIDS and SBS classroom training
- \*CPR
- \*1st Aid
- \*Annual viewing of SBS video
- \*Sign and be training in chemical use policy
- \*8 hours of annual training

**HELPERS: (regardless of how many days or hours per year)**

- \* Age 13-17
- \*Background study
- \*6 hours of training within one year of start of employment
- \*SIDS and SBS classroom training
- \*Annual viewing of SBS video
- \*Sign and be trained in the chemical use policy
- \*CPR and 1<sup>st</sup> aid NOT required because helpers can **NEVER BE LEFT ALONE WITH CHILDREN.**

Reminder: Substitutes CANNOT provide more than 30 days per year of care.