

Foster Family Setting Discipline Policy
Child Foster Care

Pursuant to Minnesota Rule 2960.3080 Subp. 8: The license holder must consider the child's abuse history and developmental, cultural, disability, and gender needs when deciding the disciplinary action to be taken with the child. Disciplinary action must be in keeping with the license holder's discipline policy.

No child shall be subjected to:

1. **Corporal Punishment**, including, but not limited to:
 - Rough handling
 - Shaking
 - Pinching
 - Shoving
 - Slapping
 - Hitting
 - Ear or Hair pulling
 - Kicking
 - Throwing objects at the child
 - Biting
 - Spanking

2. **Verbal Abuse**, including, but not limited to:
 - Name calling
 - Race
 - Religion
 - Derogatory statements about the child or child's family
 - Gender
 - Culture
 - Disability
 - Statements intended to shame, threaten, humiliate, or frighten the child
 - Sexual Orientation

3. **Punishment for lapses in toilet habits**, including bed wetting or soiling

4. **Withholding of basic needs*****, including, but not limited to:
 - A Nutritious Diet
 - Proper Lighting
 - Mail
 - Drinking Water
 - Educational Services
 - Family visits
 - Clothing
 - Exercise Activities
 - Positive Reinforcement
 - Hygiene Facilities
 - Ventilation
 - Nurturing
 - Normal Sleeping Conditions
 - Proper temperature
 - Medical care

- ***A child who destroys bedding or clothing, or uses these or other items to hurt the child's self or others, may be deprived of such articles according to the child's case plan.

5. **Assigning work that is dangerous or not consistent with the child's case plan**

6. **Disciplining one child for the unrelated behavior or action of another**, except for the imposition of restrictions on the child's peer group as part of a recognized treatment program.

7. **Restrictions on a child's communication** beyond the restrictions of specified in the child's treatment plan or case plan, unless the restriction is approved by the child's case manager

8. **Requirements to assume uncomfortable or fixed positions** for an extended length of time, or to march, stand, or kneel as punishment.

The License Holder Must:

1. Not require a child to punish other children
2. Follow the child's case plan regarding discipline
3. Not use mechanical restraints or seclusion (as defined in 2960.3010, Subpart 38)
4. Ensure that the duration of time-out is appropriate to the age of the child
5. Meet the requirements of 9525.2700, subp. 2F, regarding the use of aversive or deprivation procedures with a foster child who has mental retardation or a related condition.

The Discipline policy must be in place at initial licensure and reviewed annually with changes noted as needed. The child(ren)'s safety in the family foster home must be thoroughly assessed in order for the license holder to use appropriate discipline with the child(ren).

The following practices will be used as measures of discipline to be taken in the family foster home to minimize the risk of abuse. If there are areas which indicate the need for extra supervision and protection beyond what is considered appropriate, please describe in detail. (examples: 1-2-3 Magic, Love and Logic, removal of privileges, etc.)

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| 3. | 6. |

Child Foster Care Provider

Date

Child Foster Care Provider

Date

Licensing Social Worker

Date