



# **“ICE” Your Cell Phone**

## **(In Case of Emergency)**

**It could save your life and notify loved ones!**

Your cell phone can help emergency responders and healthcare workers to identify you and notify your loved ones.

Just program your cell phone’s contact list with the codeword  
**“ICE” (In Case of Emergency):**

1. Open your cell phone contact list to create a new entry.
2. Enter the word **ICE** with the name and number of the person you would like contacted in an emergency.
3. To list multiple contacts name the entries **ICE 1, ICE 2, ICE 3.**

Examples:           **ICE 1-Husband-Tom**  
                          **ICE 2-Mother-Mary**  
                          **ICE 3-Son-Joe**

Emergency workers look for the codeword **ICE** when they turn on your phone.  
Help them help you! Program your phone today!

**The purpose of this program is to assist emergency workers and first responders. All others should call 9-1-1 when encountering an emergency situation.**



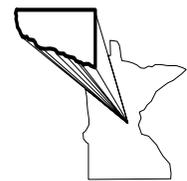
**Be Safe. Be Healthy. Be Ready.**

Check the following websites for more information on Individual and Family Preparedness:

[www.health.state.mn.us](http://www.health.state.mn.us)

[www.hsem.state.mn.us](http://www.hsem.state.mn.us)

[www.co.benton.mn.us](http://www.co.benton.mn.us)



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